Region Seefeld – Tirols Hochplateau

The Region Seefeld – Tirols Hochplateau lies on a sunny high plateau at 1,200 metres and the Alps are truly unique: they frame nature instead of constricting it. Here the landscape opens up to the south, giving space to natural diversity. Between the vast nature park Karwendel, the Wetterstein mountains and the iconic Zugspitze the heart of the Alps beats with rural charm, urban flair and an authentic Tyrolean joie de vivre.

Seefeld, Leutasch, Mösern, Reith and Scharnitz: Tyrol's unique high plateau comprises five idyllic villages. Each village tells its own story, offers special experiences and knows how to inspire with diverse adventures. Together, the five villages form an impressive holiday paradise in a breathtaking natural landscape.

The local variety of sports and leisure activities on the high plateau is almost limitless: in summer and winter, exciting experiences and soothing relaxation await. Various hiking routes and bike tours connect the five villages in summer, whereas winter activities comprise cross-country skiing, winter hiking and alpine skiing.

The impressive variety on the sunny plateau high above Innsbruck is quickly reached. Thanks to the most modern rail connections, real relaxation here is also possible without a car: with its own ICE train station in the center of Seefeld, you can travel comfortably and without traffic jams to your vacation. With the guest card including free regional transport, you also have all the variety at your fingertips.

The historic pedestrian zone with its cozy cafés, restaurants and small stores begins right next to the modern station building. Whether it's delicious cakes, tangy drinks or the entrance to the cross-country ski trail and (winter) hiking paths - everything is within walking distance here. While the Christmas market sparkles romantically in the historic town center, excellent wellness businesses entice you with the most beautiful aspects of relaxation.

Pictures (Copyright notice must be included):

<https://pixx.seefeld.com/share/1664449262GsQlGkLyZg5VlR>

REGIONAL FACTS & FIGURES

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| **VILLAGES** Seefeld, Leutasch, Scharnitz, Reith, Mösern-Buchen | **SURFACE AREA** approx. 320 km² |
| **SITUATION** Around 600 metres above the Inn valley, on a south-facing plateau, surrounded by the Karwendel Nature Park, The Wildmoos conservation area and the Wetterstein mountain range. | **POPULATION** approx. 8,000 |
| **BEST VIEWS**Seefelder Spitze (2,221 m), Gehrenspitze (2,163 m), Birkkarspitze (2,749 m), Hohe Munde (2,662 m); Viewing platforms: Kurbelhang and Brunschkopf | **ARRIVAL** Good travel options from all directions - not only by car! It is possible to travel direct from Hamburg with the ICE to Seefeld. It is also possible to travel by Railjet from Vienna and Zurich. Innsbruck Airport is 20 km away from the Olympiaregion Seefeld while Munich International Airport is a popular airport and is only 138 km away. |
| **OUTDOOR SPORTS POTENTIAL IN WINTER**  • more than 245 kilometres of cross-country  ski trails  • 30 km of alpine runs, modern cable cars and lifts, children‘s areas  • 142 km of prepared winter hiking trails, 1 long distance winter hiking trail  • 35 km signposted snowshoe hiking trails  • 8 toboggan runs  • 3 ice rinks  • 20 curling rinks  • 1 fishing pond for ice fishing at 1,123 m  • 2 wellness centres with in- and outdoor pools | **OUTDOOR SPORTS POTENTIAL IN SUMMER**  • 650 km of hiking trails  • 570 km of bike and e-bike tours  • 4 km roller ski trail  • 3 climbing areas with over 280 routes  • 1 panorama via ferrata in Seefeld with fabulous views  • 2 golf courses: 9-hole & 18-hole  • 2 bathing lakes and 2 periodic bathing lakes (Wildmoos & Lottensee)  • 1 beginner-friendly bike park in Leutasch |